

In the 3rd Joyful Mystery, we read and we meditate undisturbed:

(C5 - Friar M.M.M.)



“The Birth of Baby Jesus”...

FROM THE GOSPEL ACCORDING TO - LUKE - :

“[At that time, Mary] gave birth to her firstborn Son. She wrapped him in swaddling clothes and laid him in a manger, because there was no room for them in the inn.” (Luke 2:7)¹

MEDITATION ON THE MYSTERY:

Let us begin to empty the cave of our heart, and not be too busy with the things of the world – unlike the innkeepers of Bethlehem, who did not recognize, in that poor and needy family, the Holy Family. “*WHAT A PITY IT IS TO BE DISTRACTED.*” (cf. SLC, p. 14)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to not being distracted, Pope Benedict XVI says: “*Born among us, may Jesus... not find us distracted or occupied in simply making our houses beautiful. Rather, let’s prepare in our souls... a worthy dwelling, where He feels welcomed with faith and love*”. (BENEDICT XVI, General Audience, 20 December 2006)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...